**Snack/Drink Sign-ups**

|  |  |  |
| --- | --- | --- |
| **Date** | **Snacks for 40** | **Drinks for 40** |
| **8/24- CGN MS @ 5:00** | Amy Watson | Anita Czajkowski |
| **8/25-GCA @ 5:00** | Shelli Worgess | Amy Mullins |
| **8/29 Home-Freedom Park @5:30** | Hockersmith | Kelli Marker |
| **8/31 Home- Freedom Park @ 5:00** | Aimee Rollings | Mariah Sirkin |
| **9/5 Franklin HS @ 5:00** | Lisa Ellington | Tammy Sluder |
| **9/7 CGC MS @ 5:00** | Amanda Werden | Kim Fletcher |
| **9/9 Whiteland Invitational @9:00am** | Maria Navarro | Jeff Cabrera |
| **9/13 Home- Franklin Township MS East @ 5:00** | Jenni Sheets | Bean |
| **9/16 Brown County@ 8:30am** | Marcie Luhigo | Amanda Ensign |
| **9/18 Indian Creek @5:00** | Barbara Meyer | Scott Young |
| **9/25 Indian Creek @ 5:00** |  | Newlin |
| **9/30 County- Franklin HS @ 9:00am** | Melissa Diaz | Ella Daugherty |
| **10/4 Mid-State- Break O’Day Elementary- Whiteland @5:15** | Kim Fletcher | Lowe |

Please bring enough treats for all runners. You are in charge of distributing the goodies; so make sure everyone gets a treat before anyone tries to get seconds. The treats are for after the races are finished, so guard them or hide them.

Suggested treats: Granola bars, rice krispie treats, fruit, crackers, cookies, etc. Juice boxes, Gatorade, juicers, lemonade, Kool-Aid (Bring a big jug & cups or individual bottles in a cooler.) No soda pop!

After school runners should have a small snack that is easy to digest. Water is all I want them drinking before a race. All runners should bring a water bottle. We will keep a team cooler with water.